

# American Hapkido Combatives



## Purple Belt Requirements for Blue Belt

### Kick Strikes

1. Upward Knee
2. Round Knee
3. Back Kick

### Hand Strikes

1. Spearhand
2. Finger Gouges – Eyes
3. Finger Gouges – Fishhook
4. Finger Gouges – Scratches
5. Key Lock Strike
6. Ki-Strike

### Balance Disruptions

1. Foot Trapping Front – Step on foot
2. Foot Trapping Front SS
3. Foot Trapping Front CS
4. Foot Trapping Rear

### Counter Trapping

1. CS Crossing center line
  
2. CS Not crossing center line

### Trapping Techniques (Green)

1. SSO Defense against Straight Punch: Hammerlock
2. SSO Defense against Straight Punch :Hammerlock Squeeze
3. SSO Defense against Straight Punch : Centerlock

### Joint Techniques

1. Hammerlock: Two hands grabbing one wrist
2. Centerlock: Two hands grabbing one wrist

